

GOCOLAIE MOLIEN PMONING

INGREVIENTS

4 Eggs

4 Egg Yolks

180g Butter

200g Chocolate

250g Castor Sugar

90g Flour

Equipment:

1 x Hooded BBQ

1 tray of muffin tins or pudding

moulds

I food processor

I Sauce Pan

3 bowl

1 wood spoon

1 flour sieve

METHON

- 1. Heat BBQ to Hot 10 minutes.
- 2. Melt Butter & Chocolate over bain marie (in bowl over the Sauce Pan full of water)
- 3. Cream Eggs, Yolks & Sugar with a whisk (or food processor) till light.
- 4. Fold Chocolate mix into Yolks. (Be sure that the chocolate mix is not too hot, it might cook the eggs)
- 5. Fold sifted flour into mix
- 6. Bake at 190oC for 12 to 15 minutes.
- 7. Serve with your favourite ice cream or double cream



Preparation time: 20 minutes Cooking time: 15 minutes

Serves: 4

CHEFS TIP

This pudding is meant to be served with a runny centre. If you take them off and they seem a little runny in the centre – they are ready. Enjoy!

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