

1919 CHERMONIA CKUSTEN KINGFISH SKEWEKS

INGREVIENTS

1 x side Salmon (Cleaned)

1/4 bch Mint (chopped)

1/4 bch Parsley (chopped)

¼ bch Coriander (chopped)

lx Red Onion (fine dice)

10g Long Red Chilli (chopped)

1/4 bunch Lemon (Zest & Juice)

½ clove Garlic (chopped)

5q Turmeric

5g Cumin

5q Paprika

100ml Ex Virgin Olive Oil

Equipment:

Chopping Board

Chefs Knife

Mixing Bowl

Fish Slice

METHON

- 1. Turn on BBQ with hood down on high for 10 mins.
- 2. Prepare Chermula Mix by combining ½ herbs with onion, chilli and spices. Moisten with lemon juice, zest and Olive Oil. Season with salt and pepper.
- 3. Cut Kingfish into finger size pieces and apply to a skewer.
- 4. Seal both sides of the fish on the flat top of the BBQ for 30 seconds or until golden.
- 5. Serve with you're a wedge of lemon and your favourite Riesling!



Preparation time: 10 minutes Cooking time: 1-2 minutes



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