

# WHOLE BBO SNAPPER

## with Mediterranean Marinade

## METHON

- 1. Light BBQ to high with the hood down.
- 2. In a bowl combine all marinating ingredients and taste for seasoning.
- 3. Clean and scale fish and remove excess fins to prevent burning.
- 4. Score fish in 3 incisions along fillet ½ ways through to spine each
- 5. Season fish on all sides with salt and pepper and add marinade to the incisions and centre of the fish along with slices of lemon wedges.
- 6. Place fish into a suitable fish cage or into an GLAD foil tray and pour over excess marinade. (Tray version is fine covered with foil)
- 7. Turn centre BBQ jets off with 2 outside jets on only and place fish in centre of BBQ and close the hood. Our fish will cook for 25mins per kg - 50mins. (BBQ will cook fish best after pre heating on 200°C).
- 8. Fish will be tender to touch and eyes will be a pearl white when ready.
- 9. Great to serve as a shared fish in centre of table for two
- 10. Pour juice from tray over the fish just before serving.



Preparation time: 15 minutes

Cooking time: 50 minutes (25 mins per kg)

Serves: 2



### TERMS USED IN THIS RECIPE

**Brunoise** - Finely diced vegetables in 2mm squares Season - adding salt and pepper to taste Score - lightly cut
Zest - Outer skin of the lemon grated or with a zesting tool

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1 x Whole Snapper (2kg)

#### Marinade:

½ Tomato, diced 3 Lemons, 2 x zest + juiced, 1 x wedges

> 50g Capers 2 cloves Chopped Garlic

> > 1 tsp Cummin

1 tsp Paprika

½ cup Chopped parsley

½ Onion, brunoise

50ml Olive Oil

Salt and Pepper

#### **Equipment:**

BBQ Mixing Bowl Chopping Board Chef knife Fish Slice GLAD Foil Wrap GLAD Oval Roasting Pan or baking tray

